

# Facilitating appropriate antibiotic use in respiratory tract infections in children in Kyrgyzstan



## KYRGYZSTAN



### Project sector

Human



### Project partners

Ministry of Health,  
Kyrgyz Republic

Republican  
Research Centre of  
Pulmonology and  
Rehabilitation

National Centre  
of Maternity and  
Childhood Care

Department of  
Disease Prevention  
and State Sanitary  
and Epidemiological  
Surveillance

Kyrgyz Thoracic  
Society

Global Health Unit,  
Rigshospitalet,



### Timescale

1 January 2022 -  
31 December 2025



### ICARS funding

564, 637 USD

## Context

In the Kyrgyz Republic, an interagency programme and an action plan to contain AMR have been developed, but these are currently still under discussion. While the Ministry of Health (MOH) is committed to AMR mitigation by supporting rational antibiotic use, lack of resources and evidence-based research mean that many issues are not currently being addressed. There are limited studies on AMR in the Kyrgyz Republic, so despite being a member of the Central Asian and European Surveillance of Antimicrobial Resistance (CAESAR) network, they are not reporting data into the network. In addition, there are large gaps in the training of doctors, nurses and pharmacists, so the issue of rational prescription of antibiotics has not been resolved.

## Problem

Respiratory tract infections (RTIs) are the most common cause of contact to the health system and are the main reason for antibiotic overuse at the primary care level around the world. Acute lower respiratory infections (ALRI) are the most common cause of death among children under 5 globally. In 2020, respiratory diseases accounted for 49.7% of child morbidity in children aged 0-14 years in the Kyrgyz Republic.

With increasing vaccine coverage, and a range of causes of respiratory infections, only a small proportion of these illnesses require antibiotics. In the Kyrgyz Republic, most children are diagnosed and treated at a primary care clinic, primarily by mid-level providers (nurses and feldshers) with only limited access to diagnostic equipment. To assist health care providers in diagnosing under these conditions, various algorithms have been used but this approach has been shown to overdiagnose pneumonia and result in the unnecessary prescription of antibiotics. New approaches to diagnosing and treating respiratory infections in children are needed.



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## Project overview

The project will be made up of several components including:

- **An individually randomized controlled trial** to determine the effectiveness of a point of care test (POCT) to measure the level of C-reactive protein (CRP), an inflammation marker which can be used to indicate severe infection. This diagnostic tool helps health care workers to identify whether children with RTIs need antibiotics. The trial will be carried out in 14 different primary health care centres in the Chui and Naryn regions of Kyrgyzstan.
- **An implementation research component** documenting the study from inception, including qualitative interviews to ascertain the barriers and enablers to implementation as well as other implementation research outcomes such as acceptability, adoption, appropriateness, cost-effectiveness, coverage, feasibility, fidelity and sustainability.
- **A health economic study** to assess the economic feasibility of the intervention.
- **A microbiological study** to identify pathogens causing RTIs in children in the study areas.

## Outcomes

The project aims to deliver:

- a 10% reduction in the unnecessary use of antibiotics among children in the intervention group
- increased knowledge of how the intervention works
- increased knowledge regarding antibiotic sensitivity of the bacteria causing RTIs among children in the study areas
- information on the cost-effectiveness of the intervention



From left to right: Jesper Kjærgaard, Subject Matter Expert, Global Health Unit, Rigshospitalet, Denmark; Robert Skov, Scientific Director, ICARS, Denmark; Jalalidin Rakhmatulaev, Deputy Minister of Health, Kyrgyz Republic; Aigul Djumakanova, Head of the National Microbiology Laboratory Test Centre, Kyrgyz Republic; Professor Talant Sooronbaev, Project Coordinator, Kyrgyz Republic; Elvira Isaeva, Lead Researcher, Kyrgyz Republic